CAPS – Grade 6 Timetable 2026

Premium and Standard subscribers attend Live Lesson sessions.

Premium subscribers attend Q&A sessions.

(GMT+2)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00 – 08:30					
08:30 – 09:00					
09:00 – 09:30	**Mathematics** Live Lesson (45 min)	**Social Sciences** Live Lesson (45 min)	**English** Live Lesson (45 min)		**Natural Science & Technology** Live Lesson (45 min)
09:30 – 10:00					
10:00 – 10:30					
10:30 – 11:00	**Mathematics** Q & A (30 min)	**Social Sciences** Q & A (30 min)	**English** Q & A (30 min)		**Natural Science & Technology** Q & A (30 min)
11:00 – 11:30		**Afrikaans** Live Lesson (45 min)	**Life Skills** Live Lesson (45 min)		
11:30 – 12:00					**SEL 9-12 Course** Q & A (30 min)
12:00 – 12:30		**Afrikaans** Q & A (30 min)	**Life Skills** Q&A (30 min)		
12:30 – 13:00	**SEL 9-12 Course** Q & A (30 min)				
13:00 – 13:30					
13:30 – 14:00					
14:00 – 14:30					
14:30 – 15:00					
15:00 – 15:30					
15:30 – 16:00					
16:00 – 16:30					
16:30 – 17:00					