CAMBRILEARN

Grade 7 timetable 2026

CAPS · Grade R to Grade 9

All times are South African time (GMT+2)

Live lesson · Premium and Standard subscribers

Q&A session · Premium subscribers

	Monday	Tuesday	Wednesday	Thursday	Friday
08:00					**Visual Arts** Live lesson · 08:00–08:45
08:30					
09:00	**Social Sciences** Live lesson · 09:00–09:45	**Mathematics** Live lesson · 09:00–09:45	**Technology** Live lesson · 09:00–09:45	**English** Live lesson · 09:00–09:45	**Life Orientation** Live lesson · 09:00–09:45
09:30					
10:00					
10:30	**Social Sciences** Q&A · 10:30–11:00	**Mathematics** Q&A · 10:30–11:00	**Technology** Q&A · 10:30–11:00	**English** Q&A · 10:30–11:00	**Life Orientation** Q&A · 10:30–11:00
11:00	**EMS** Live lesson · 11:00–11:45		**Natural Sciences** Live lesson · 11:00–11:45	**Afrikaans** Live lesson · 11:00–11:45	**Visual Arts** Q&A · 11:00–11:30
11:30					
12:00	**EMS** Q&A · 12:00–12:30		**Natural Sciences** Q&A · 12:00–12:30	**Afrikaans** Q&A · 12:00–12:30	
12:30					