

GRADE 7 SENIOR PHASE TIMETABLE - 2023

Premium and Standard subscribers attend Live Lesson sessions

Premium subscribers attend Q&A sessions

Important: All times indicated are at South African Standard Time (SAST) and should be adjusted if you are based in another region.

Time Zone GMT + 2	MAANDAG uMvulo MONDAY	DINSDAG uLwesibini TUESDAY	WOENSDAG uLwesithathu WEDNESDAY	DONDERDAG uLwesine THURSDAY	VRYDAG uLwesihlanu FRIDAY
08:00 – 08:30			G7 Life Orientation Q & A (30 min)		
08:30 – 09:00	G7 EMS Q & A (30 min)				
09:00 – 09:30			G7 English Q & A (30 min)	G7 English Live Lesson (45 min)	G7 Mathematics Q & A (30 min)
09:30 – 10:00					
10:00 – 10:30					G7 Social Sciences Live Lesson (45 min)
10:30 – 11:00			G7 Social Sciences Q & A (30 min)	G7 Mathematics Live Lesson (45 min)	
11:00 – 11:30	G7 Creative Arts Live Lesson (45 min)				
11:30 – 12:00					
12:00 – 12:30		G7 NS Live Lesson (45 min)	G7 EMS Live Lesson (45 min)		G7 Creative Arts Q & A (30 min)
12:30 – 13:00		G7 Afrikaans Q & A (30 min)			
13:00 – 13:30	G7 Afrikaans Live Lesson (45 min)		G7 Technology Q & A (30 min)	G7 Technology Live Lesson (45 min)	
13:30 – 14:00					
14:00 – 14:30		G7 Life Orientation Live Lesson (45 min)			
14:30 – 15:00			G7 NS Q & A (30 min)		

Time Zone GMT + 2	MAANDAG uMvulo MONDAY	DINSDAG uLwesibini TUESDAY	WOENSDAG uLwesithathu WEDNESDAY	DONDERDAG uLwesine THURSDAY	VRYDAG uLwesihlanu FRIDAY
15:00 – 15:30			Junior AI Course		
15:30 – 16:00			Live Lesson (45 min)		
16:00 – 16:30		Robotics 1 Corse Live Lesson (45 min)	Junior AI Course Q & A (30 min)		
16:30 – 17:00					